



City of
Rockville
Get Into It



February 2012

Senior Center Newsletter

Add years to your life and life to your years!



Dates to Remember:

Heart Healthy Lecture
Tuesday, Feb. 14, 1 p.m.

Probate Process
Joe Griffin, Register of Wills
Wednesday, Feb. 15, 1 p.m.

Young In Heart Senior Club Meeting
Thursday, Feb. 16, 11 a.m.
Carnation Room

Building Closed Presidents Day
Monday, Feb. 20

**Rockin' Red Hat Trip to the American
History Museum**
Wednesday, Feb. 22

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Atención: Si usted necesita parte de este
calendario traducido a español, por favor de
llamar. 240-314-8817.

如需詢問華裔活動日程
請打電話: 240-314-8818

Senior Center Hours:

Monday - Friday, 8:30 a.m.-5 p.m.
Saturday, 8:30 a.m.-1 p.m.

1150 Carnation Drive
Rockville, Maryland 20850-2044
240-314-8800 • www.rockvillemd.gov/seniorcenter



City of
Rockville
Get Into It

Programs & Events

Legend

M-Members (Age 60 and older)

R-Residents

(Age 60 and older who live in Rockville but are not members of the center)

NR-Nonresidents/nonmembers

(Age 60 and older who live outside the City of Rockville limits)

February Highlights

- Feb. 1 (Wednesday) 10 a.m.-noon **(B) Intro. to Computer Concepts** For those new to computers this class will familiarize you with the basic components of computers. Learn everyday tasks like email, word processing and surfing the web. Absolutely no experience required! #37469. \$5M/\$7R/\$10NR.
- Feb. 1 (Wednesday) 1-3 p.m. **(B) File Management** Learn how to save, copy, move, delete and rename files. Organize your work and find lost files. This class will help you get the most use from your computer operating system. #37782. \$5M/\$7R/\$10NR.
- Feb. 1 (Wednesday) 1:30-3 p.m. **February Birthday Party** Sponsored by Collingswood Nursing and Rehabilitation Center and Bethany House Senior Club; entertainment by Vintage Entertainment. #37161. Free M,R/\$4NR.
- Feb. 2 (Thursday) 10 a.m.-12:30 p.m. **Crockpot - Nice, Slow and Easy** Taste some simple and sophisticated dishes, all done in the crockpot. Participants will take home recipes. #37129. \$25M/\$31R/\$39NR.
- Feb. 2 (Thursday) 1-3 p.m. **(I) Facebook – Beginner** Facebook is a social networking website with more than 600 million subscribers. Users create personal profiles to connect and share with friends and family. Learn how to join the world of Facebook. Presented by Shannon Loomis, Rockville public information specialist. #37482. \$7M/\$9R/\$13NR.
- Feb. 3- March 23 (Fridays) 9-9:50 a.m. **Senior Sit 'n Fit** This exercise program offered through Lincoln Park Community Center is designed for you to stay in shape while remaining seated. Bring a water bottle. #37876. \$45 M,R/\$55NR.
- Feb. 6-13 (Monday and Wednesday) 10 a.m.-noon **(I) Microsoft Excel 2007** Learn how to enter data, create a basic worksheet from data, and design, develop, format and manipulate spreadsheets with MS Excel (07 Version). Prerequisite: Computer Essentials. Note: \$5 manual fee payable to instructor at first class. #37489. \$25M/\$33R/\$40NR.
- Feb. 6 (Monday) 10:15-11:15 a.m. **Peeking at the Presidents – Calvin Coolidge** While vacationing in Vermont he was notified he had become president. "Silent Cal" was a man of few words. How did this quiet man preside over the "Roaring 20s?" #37166. \$4M/\$6R/\$8NR.
- Feb. 7-14 (Tuesday and Thursday) 10 a.m.-noon **(I) Adobe Photoshop Beginner** Get a foundation to become a successful Photoshop user. Tools, techniques and hands-on assignments will be used to teach primary methods, including balancing camera to monitor, red eye repair, blemish removal, de-emphasizing cluttered backgrounds, cropping, masking and layering. Note: \$5 materials fee payable to instructor at the first class. #37478. \$46M/\$55R/\$66NR.
- Feb. 7 (Tuesday) 10:30 a.m.-noon **Archaeology Sites** Join Don Housley of the Montgomery County Historical Society Speakers Bureau for a presentation on prehistoric and historical archaeological sites, and the techniques used by county archaeologists to unearth the past. #37128. \$3M/\$4R/\$5NR.
- Feb. 7-28 (Tuesdays) 1-3 p.m. **(I) e-Bay and Craig's List** Everyone has "junk" in their attic. Learn how to turn your "junk" into cash using e-Bay, Paypal and Sniping. Write your own eye catching ads. Learn how to use watch lists, reserves, feedback and how to avoid fraud. Note: \$10 manual fee payable to instructor at first class. Prerequisite: ability to access the Internet. #37481. \$36M/\$45R/\$56NR.

Feb. 8 (Wednesday) 9:30-11:30 a.m. **Potato Bag**
Learn to make a potato bag and cook a baked potato in five minutes or less in the microwave. Bring your sewing machine and a pair of scissors. A machine may be rented day of class for a \$10 fee. Class will include a bonus project. Material kit fee of \$9 is payable to instructor at class. #37175. \$12M/\$15R/\$20NR.

Feb. 8 (Wednesday) 1-3 p.m. **(B) Email Basics**
This introductory session will use class accounts for you to learn the basics of sending, receiving, copying and saving emails. #37494. \$5M/\$7R/\$10NR.

Feb. 9- March 15 (Thursday) 10 a.m.-noon **Chinese Watercolor** Local artist Helene Sze McCarthy will teach the essential brush strokes of Chinese watercolor. Participants will learn to paint the chrysanthemum, wild orchid, plum and bamboo, which are known as the "Four Gentlemen" of this unique art form. Fee of \$28 payable to instructor at first class includes all materials needed. Register by 1/30. #37454. \$60M/\$75R/\$90NR.

Feb. 9 (Thursday) 1-2:30 p.m. **Rosalie of Riverdale** Celebrating the 200th anniversary of the War of 1812 and the Star Spangled Banner, award winning actress Mary Ann Jung will portray Rosalie Calvert of Maryland. Come learn of this remarkable woman's life and of the importance of this war, as well as how that era affected the newly independent United States. Light refreshments will be served. Co-sponsored with Kindley Assisted Living of Asbury Village. #37124. \$4M/\$5R/\$6NR.

Feb. 9 (Thursday) 1-3 p.m. **(I) Facebook – Intermediate** If you already have a Facebook account and want to learn to enhance your page, add or delete friends, or just be more comfortable using the site, join this class for personalized instruction. #37483. \$7M/\$9R/\$13NR.

Feb. 14 (Tuesday) 10 a.m.-3 p.m. **Valentine Lunch Trip to Annie's** Maryland's Eastern Shore with views of the Intercoastal Waterway and the Chester River will serve as a beautiful scenic background during a Valentine lunch at Annie's Paramount Steak and Seafood House. Trip includes lunch, leadership and charter bus transportation. #37147. \$60M/\$75R/\$87NR.

Feb. 15 (Wednesday) 1-3 p.m. **Probate Process and Estate Laws** Joseph Griffin, Register of Wills for Montgomery County, will review the probate process and the various services provided by the register of wills. He also will discuss the various changes to estate laws and how you may be affected. Informative material relating to trusts and when they are beneficial also will be presented. #37851. Free.

Feb. 15 (Wednesday) 12:30-2 p.m. **Softball Pizza Party** How can you be a part of the Rockville Senior Softball Team in 2012? All former members and anyone interested in playing softball next season should attend the pizza party. #37433. Free.

Feb. 16 (Thursday) 10 a.m.-noon **Thumb Drives, Etc.** Learn how to copy pictures or use a flash drive (thumb drive), and how to cut, copy and paste photos from your flash drive to any other computer. It's important to have a backup copy of work on your computer. #37769. \$7M/\$9R/\$13NR.

Feb. 16 (Thursday) 11 a.m. **Young In Heart** Senior Club Meeting in the Carnation Room.

Feb. 17-19 (Tuesday and Thursday) 10-11:30 a.m. **(B) Computer Basics** This class offers a hands-on introduction for beginning computer users. Prerequisite: Use of Keyboard and Mouse. Further free optional training is available in the Beginner Computer Practice Lab, 9:30-11:30 a.m. on Fridays. #37459. \$5M/\$7R/\$10NR.

Feb. 21 (Tuesday) 1-2:30 p.m. **Wildlife Habitat** Become a part of the effort to have the National Wildlife Federation certify Rockville as a Community Wildlife Habitat. Learn how to provide food, water, cover and places to raise young, as well as how to use sustainable gardening practices. #37791. Free M,R/\$4NR.

Feb. 21 (Tuesday) 1-2:30 p.m. **Selling from an Estate Perspective** Elder Care Attorney David Wingate discusses the probate process of an estate when it includes property. Learn about the responsibilities of an estate executor in selling a home during probate and preparing a will to leave real estate to beneficiaries. #37888. Free.

Feb. 22 (Wednesday) 9 a.m.-3 p.m. **Rockin' Red Hat** Trip to the American History Museum.

Feb. 23 (Thursday) 1-2 p.m. **Spinal Stenosis: Finding Relief** Spinal stenosis is a debilitating condition that involves the narrowing of the spinal canal. Dr. A. Jay Khanna, spine surgeon and associate professor of orthopedic surgery and biomedical engineering with Johns Hopkins Medicine, will discuss innovative treatments that can help patients restore mobility and improve quality of health. Presented by Suburban Hospital. #37765. Free.

Feb. 23 (Thursday) 1-2:30 p.m. **Living the Wild Life - Australia** Go "down under" to the Great Barrier Reef, Uluru, the largest single rock in the world, and Kakadu National Park. #37144. Free M,R/\$4NR.

Feb. 27 (Monday) 10:15-11:15 a.m. **History of Rock n' Roll - Barry Gordy and the Motown Sound** Gordy built an independent label and assembled a staff of songwriters, producers and musicians who lit up the charts. The Motown Sound was catching on by the early 1960s. Among the well-known musicians were Jackie Wilson, Clyde McPhatter, Mary Wells and Marvin Gaye. #37164. \$4M/\$6R/\$9NR.

Feb. 28 (Tuesday) 10-11 a.m. **Meet the Author** Meet local author Steve Piacente. His novel, "Bella," set in Washington, D.C., tells the story of a striking widow intent on proving the military lied about her husband's death as she lures a Washington journalist into the investigation. Books will be available for sale and signing after presentation. #37763. Free M,R/\$4NR.

Feb. 28 (Tuesday) 10 a.m.-noon **(B) Computer Basics II** This class will teach you about control panel components, monitor settings, shortcuts and more. Customize your desktop and your start menu. Create a variety of different shortcuts and move to different locations in your computer. Learn about safe mode and creating wallpaper. #37463. \$7M/\$9R/\$13NR.

Feb. 28 (Tuesday) 1-2:30 p.m. **Mental Wellness** Learn ways to achieve and maintain a healthy state of mind including stress reduction techniques and self-appreciation. Counselor Barbara Wilson will discuss factors that can make a difference in your mental wellness. #37790. Free M,R/\$4NR.

Feb. 29 (Wednesday) 8 a.m.-6:30 p.m. **Rainbow Dinner Theatre Trip** Rainbow is our favorite "all comedy – all the time" dinner theatre in Lancaster, Pa., where "Let's Murder Marsha" will be performed. This comical mystery unfolds about a ditzy wife who has too much time on her hands. Trip includes buffet lunch, show, leadership and charter bus transportation. #37148. \$92M/\$115R/\$132NR.

Feb. 29 (Wednesday) 10 a.m.-noon or 1-3 p.m. **(B) Backing Up Your Computer** Backing up your system (files) is an often neglected task. When and how do I back up my system? How long do I hold my backups? What type of backup media is the best? Learn the answers to these and other important questions you might have. Note: \$3 manual fee payable to instructor at first class. #37485 or #37486. \$7M/\$9R/\$13NR.

Reminder to please make sure your membership is up-to-date and valid through the program end dates.

Join the
Camera Club Meeting
Monday, Feb. 6, at 1 p.m.

Rockville Seniors Inc.

Heartfelt thanks to all who worked so hard to make this year's bazaar a success.

The venue was less than ideal. We were not in our "new" beautiful home, but it was successful anyway. It was truly a model of cooperation between volunteers and staff. We could not have done it without Miriam's ladies and their soup, Terri's logistical support, Nick and Keith's physical support and all the other staff at the center.

The contributions of the greenhouse, bake sale, and thrift and gift shop volunteers and the hard work of the book sale volunteers must be noted. We made a profit of \$2,272.03. Congratulations to the board and Betty Ball, Betty Hughes and Ron Barber.

Cookbooks are for sale. Silver Diner cards are available.

Watch for new members welcoming activities and a joint effort between RSI and the Senior Commission to meet with members and get feedback from once the renovations are complete.

Many thanks to Betty Hughes who is retiring as treasurer of RSI. Welcome to Kathy Hanley who will be taking over that position.

Senior Commission

Something New!

Senior Center's Drop-In Corner

Where: Sun Room

When: First Monday of the month
10-11 a.m.

Beginning March 7, the Senior Commission and Rockville Seniors, Inc., (RSI) are setting aside an hour each month to hear from any Senior Center member. Tell us your thoughts or ideas on how we can better meet your needs, what programs you enjoy most and what you would like the Senior Center to provide.

The Senior commission is nine-member body appointed by the Mayor and City Council, and is charged with proposing programs, activities, legislation and more to meet the needs of seniors in Rockville.

Every member of the Senior Center is a member of RSI. The Board of Directors is elected by you at the annual meeting held in May.

Pinochle Players Needed

Free Pinochle Lessons for
Beginners

Every Tuesday in February at
12:30 p.m.

No appointment needed. Drop
in if you are a Rockville Senior
Center member

Games start at 1 p.m.

Forget-Me-Not:

Katherine Foti, 78



February
Lunch menus can be found in
the Lunch Room

At the Movies



**Thursday, Feb. 9 and
Friday, Feb. 10, 1-3 p.m.**

The Help

(Rated PG-13 for thematic material)

Set in Mississippi during the 1960s, Skeeter, a southern society girl who returns from college determined to become a writer. In doing so she turns her friends' lives and a Mississippi town upside down when she decides to interview the black women who have spent their lives taking care of prominent southern families. Along the way, unlikely friendships are forged and a new sisterhood emerges, but not before everyone in town has a thing or two to say themselves when they become unwittingly and unwillingly caught up in the changing times.

**Thursday, Feb. 24, 1-3 p.m.
(Only one day showing)**

Super 8

(PG-13 for intense sequences of sci-fi action and violence, language and some drug)

In the summer of 1979, a group of friends in a small Ohio town witness a catastrophic train crash while making a super 8 movie and soon suspect that it was not an accident. Shortly after, unusual disappearances and inexplicable events begin to take place in town, and the local deputy tries to uncover the truth – something more terrifying than any of them could have imagined.

For Sale:

- Insulated Patio and one window drape light (tan with brown flakes): \$40
 - Two bath tub bars: \$10 each
- If interested, call 301-762-1835

Expansion Update:

Stay Tuned



Supper Club

February 2012 Supper Club

Tuesday, Feb. 28, 2012 • 5-7 p.m.

Catered by the Rockville Senior Center Staff

Your menu will include:

Waldorf Salad • Classic Pot Roast w/carrots, potatoes & gravy
Roll & Butter • Choice of Beverages • Dessert

Registration Deadline: Tues. Feb. 21 • Cost: \$18 per person

Entertainment: TBAs

February 2012 Supper Club

Name: _____

Address: _____

Transportation Required: _____ Yes _____ No

Payment Enclosed: _____

Need Help with Your Taxes? Senior income tax assistance

Mondays only
Feb. 6- April 9
Appointment needed. No Fee.
Call 240-777-2577

Bingo

Every Wednesday
(depending on weather and holidays)
Early bird games start at 7 p.m.
Regular games at 7:30 p.m.

The Senior Center rentals available for parties, ceremonies and meetings

Weekdays after 5 p.m.
and weekends
For more information call 240-314-8801

Wellness

What is Heart Failure?

The term “heart failure” conjures up images of a heart on the verge of beating for the last time. What it really means is that the heart is not pumping enough blood to meet the body’s needs. The consequences of this can include fatigue, shortness of breath and swelling in the legs.

Heart failure is often a manageable condition. Taking medications, balancing exercise and rest, following a low sodium diet and being careful about fluid intake can minimize symptoms.

However, there can be flare-ups. These can be caused by an infection or a medication, such as taking ibuprofen. But most of the time they come with subtle changes like being more tired than usual or quickly gaining several pounds.

Often people will ignore the early warning signs. Almost 6 million Americans are living with heart failure and this condition accounts for more than 1 million hospitalizations each year.

It is therefore very important to pay attention to early symptoms that can include:

1. Sudden weight gain – 2 or 3 pounds in one day or 5 or more in one week.
2. Extra swelling in the feet or ankles
3. Swelling or pain in the abdomen
4. Shortness of breath not related to exercise
5. Discomfort or trouble breathing when lying flat
6. Waking up short of breath
7. Coughing or wheezing
8. Increased fatigue
9. Mental confusion
10. Loss of appetite

If you are not sure if your symptoms are related to your heart failure talk to your doctor since a simple conversation can save you a stay in the hospital.

On Tues, Feb. 14, at 1 p.m. we will have a lecture on heart health.

Ask the Outreach Worker

Q: : My brother lives outside of Maryland and his health has been declining. He needs help. How can I find support services that might be available where he lives?

A: Call Elder Care Locator, a public service of the U. S. Administration on Aging. This is a nationwide directory assistance agency that you can reach by calling 1-800-677-1116 or by going to www.eldercare.gov. They will ask you for your brother’s postal ZIP code and then give you contact numbers to call for support services near your brother. This support can include names of professional care managers in his area who will be able to work with your brother and you in coordinating the various services that he may need but cannot manage on his own.

Our Outreach Office is here to help answer your questions, particularly about growing older in 2012. Even if you just want someone to listen to you talk through your thoughts and feelings, please give us a chance to give you a helping hand.

Martha McClelland,
Senior Outreach Worker
Rockville Senior Center
1150 Carnation Drive
Rockville MD 20850
240-314-8816
mmcclelland@rockvillemd.gov

Heart Healthy Lecture

Tuesday, Feb. 14, 1 p.m.

ROCKVILLE SENIOR CENTER

Weather Policy

240-314-8800

Your safety is our concern. Please call the Senior Center prior for an update announcement.

	<u>When Schools Are Closed</u>	<u>When Schools Open Late</u>
Shopping Transportation	Emergency Trips Only	On Schedule (when possible)
Senior Center Transportation	Canceled	On Schedule (when possible)
Senior Center Programs	All programs canceled	No Morning programs
Senior Clubs, meetings, luncheons	Canceled	Canceled
Nutrition	Canceled	Canceled
Carnation Supper Club	Canceled	Canceled
Carnation Supper Club	Canceled	On Schedule (when possible)
Bingo	Canceled	On Schedule
Trips	Canceled	On Schedule (when possible)

➤ **When schools OPEN LATE the Senior Center opens at 9:30 a.m.**

➤ **When schools are CLOSED for the day, the Senior Center will strive to open for drop use between the hours of 9:30 a.m. and 4:30 p.m.
(Subject to deteriorating weather conditions, the center may close earlier)**

➤ **When schools CLOSE EARLY due to inclement weather,
the Carnation Supper Club and Bingo are CANCELED**

If you have questions about our weekend hours please call the
Senior Center at 240-314-8800.

Rev.1/2012

Programs and Services

OUTREACH AND SERVICES

Aging Information, Services and Support –

Seniors and their families can receive information related to aging issues and community resources by calling 240-314-8810.

Advance Directives - A Guide to Maryland Law on Health Care decisions forms and information are available in the Transportation Office and in Outreach Services.

Applications - Medical Assistance, Rental Assistance, Pharmacy Assistance and other applications are available in the Senior Outreach Office.

Companion Birds – Pet birds are available for loan and/or adoption. Look for them before the monthly birthday party.

File of Life - Have vital medical information available in emergency situations. Your medical information is attached to large magnet placed on front of your refrigerator - saving valuable time for emergency or rescue personnel. Available in Transportation Office and in the Senior Outreach Office.

Financial Assistance - Senior Assistance Program helps with Senior Center membership, class fees, trips and programs. Must be income eligible and a Rockville resident. To apply, call 240-314-8810. Rockville Emergency Assistance Program provides personal assistance when faced with emergency financial difficulties. For an appointment, call 240-314-8816.

Health Insurance Counseling - One-on-one counseling on Medicare, medigap policies, long-term care insurance, HMOs, claims and appeals is available each month from volunteers from Senior Health Insurance Assistance Program. Call 301-590-2819 for an appointment.

Home Repair, Maintenance and Modification - Provided by skilled volunteers, these free services are available to low- and moderate-income seniors who live in Rockville. To apply, call Senior Outreach at 240-314-8816

Home Maintenance, Safety and Repair – Home evaluations, help with determining appropriate providers and choosing the right contractor or volunteer. Call 240-314-8812.

Information and Assistance - Learn about important services for seniors. For help in English, call 240-314-8816; and in Spanish, call 240-314-8817.

Loan Closet - Wheelchairs, walkers, tub seats and other medical equipment are available for short-term loan. Wheelchairs, \$50 refundable deposit. Call 240-314-8803.

Notary Services – FREE. Call 240-314-8810 or see Bette in the Transportation Office.

TRANSPORTATION

(Applications are available in the Transportation Office)

Accessible Parking Applications – Applications are available for motorists with disabilities, for parking placards and license plates.

Call’N Ride - Taxi coupons valued at \$34 can be purchased each month at a reduced rate based on income and family size. Documentation of income is required.

City of Rockville buses – Free door-to-door bus service is available to the Rockville Senior Center, shopping, club meetings and special trips. Reservations are required.

Metro Access - This is a public transportation service for individuals with disabilities. Participants must be certified by Metro (WMATA) that they are not able to use public transportation. A guide to Metro Access and applications may be picked up.

Metro Fare Cards - Discount fare cards are available for purchase. Minimum age 65.

MEALS

Lunch – Hot lunches are provided at noon each weekday. Reservations required. Call 240-314-8810

Carnation Supper Club – Dinner and entertainment are available on the fourth Tuesday evening of each month. Reservations required. Call 240-314-8810.

Computer Lab Corner

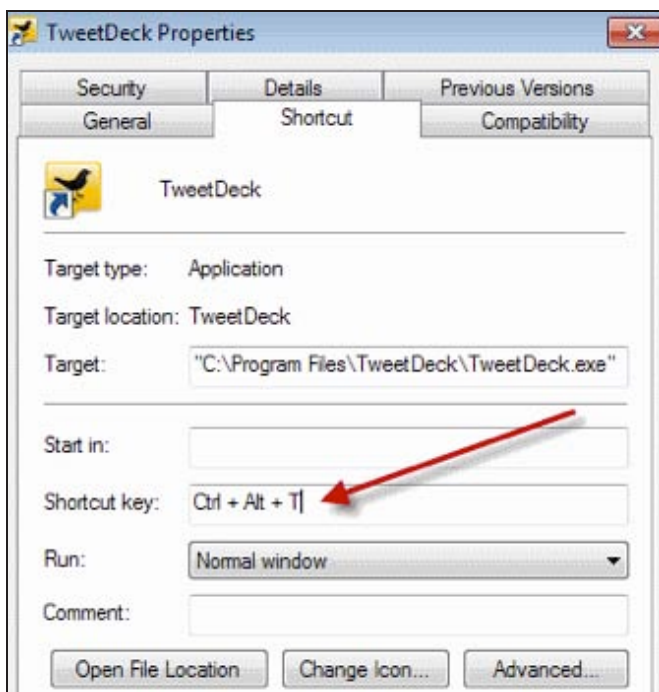
Andre Hickman, Computer Lab Manager

I receive many questions about Windows 7 OS. For the next several months I will focus on some of the many features with the Windows 7 interface

Folders in all File->Save As dialogs!

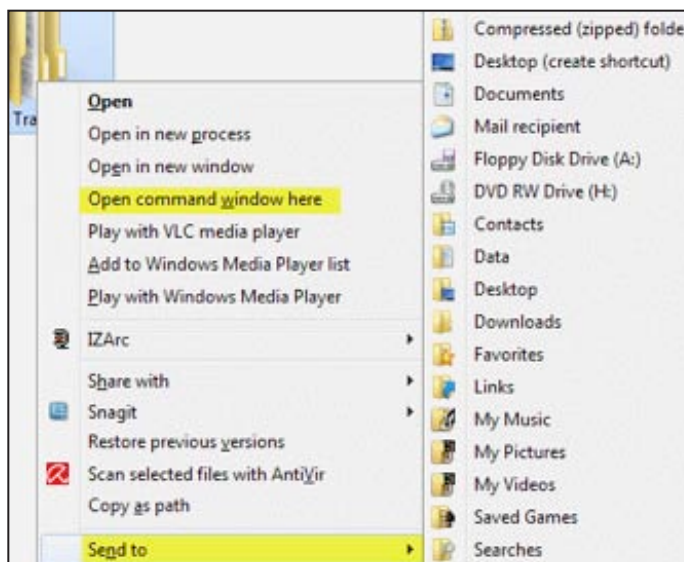
Create Keyboard Shortcuts for Programs

You can create keyboard shortcuts for any program in Windows 7. Right-click the program icon and select Properties. Select the Shortcut tab, click in Shortcut key, to set the keyboard shortcut for that program.



Open Command Prompt in Any Folder

Like the command prompt? Miss the “Open Command Window Here” Windows XP power toy? Press “Shift” when right-clicking on a folder to get that option in the context menu. This also works on the desktop. No power toy required!



Need help with any of the above? Let the Rockville Senior Center's Computer Lab help. Give us a call at 301-340-7534 or 240-314-8805.

Got a topic you want to see covered in the newsletter? Have you got a question about your PC or a class you have taken?

Stop by the Computer Lab when no class is in session. If you cannot get to the Computer Lab, send us an email at rockvillecomplab@hotmail.com.

City of Rockville Senior Services Division
Rockville Senior Center • 1150 Carnation Drive
Rockville, Maryland 20850



For directions: 240-314-5019
Information: 240-314-8800
Web site: www.rockvillemd.gov/seniorcenter

Any individuals with disabilities who would like to receive the information in this publication in another form may contact the ADA Coordinator at 240-314-8100.

MAYOR AND COUNCIL
Phyllis Marcuccio
John F. Hall, Jr.
Tom Moore
Bridget Donnell Newton
Mark Pierzchala

ROCKVILLE SENIORS, INC.

Board of Directors

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**ROCKVILLE SENIOR
CITIZENS COMMISSION**

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Pat Schultz Norene Stovall
Pete Sante

**DEPARTMENT OF
RECREATION AND PARKS**

Burt Hall, Director

Betsy Thompson, Supt. of Recreation

Steve Mader, Supt. of Parks and Facilities

**Mission Statement of the
Recreation and Parks
Department**

To promote participation by all
Rockville citizens in diverse, interest-
ing and high quality recreational and
leisure opportunities in safe, modern
and well-maintained parks and facili-
ties.

SENIOR CENTER STAFF

Nick Aquino, Building Custodian
Worku Badeg, Bus Driver
Mary Barber, Clerk
Jackie Cristiano, Program Assistant
Alexis D'Angelo, Facility Coordinator
Sue Demma, Nutrition Aide
Keith Dennis, Building Custodian
Barbara Dodson, Nutrition Mgr.
Andre' Hickman, Computer Lab Mgr.

Terri Hilton, Sr. Services Manager
Yoo Hoo, Nutrition Aide
Candra Johnson-Hardy, Bus Driver
Chris Klopfer, Sports and Fitness Sp.
Karen Lumpkin, Sr. Recreation Coord.
Eddie Lynne, Bus Driver
Martha McClelland, Outreach Worker
Miriam Minera, Outreach Worker
Chuck Moore, Bus Driver

Vicki Moore, Bus Driver
Nasr Rizkalla, Social Host
Karina Rodriguez, Reg. Specialist
Bette Sanders, Senior Services Sec.
Lorraine Schack, Sr. Support Svs. Supervisor
Shelley Foreman, Transportation Supervisor
Lillian Tyska, Clerk
Chris Veirs, Program Assistant
Barbara Wilson, Social Worker/Counselor